

Sepsis

June 18, 2020

Illinois



Michigan



Minnesota



Wisconsin



Minnesota Hospital Association



Minnesota Hospital Association

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Minnesota Sepsis Agenda

Sepsis HIIN Data
20%↓ in mortality

Sepsis Committee
Workplan

Sepsis Road Map
85

Sepsis Site Visits
15

HIIN Data Overview

Four horizontal bars of varying shades of blue and teal, stacked vertically, spanning the width of the slide.

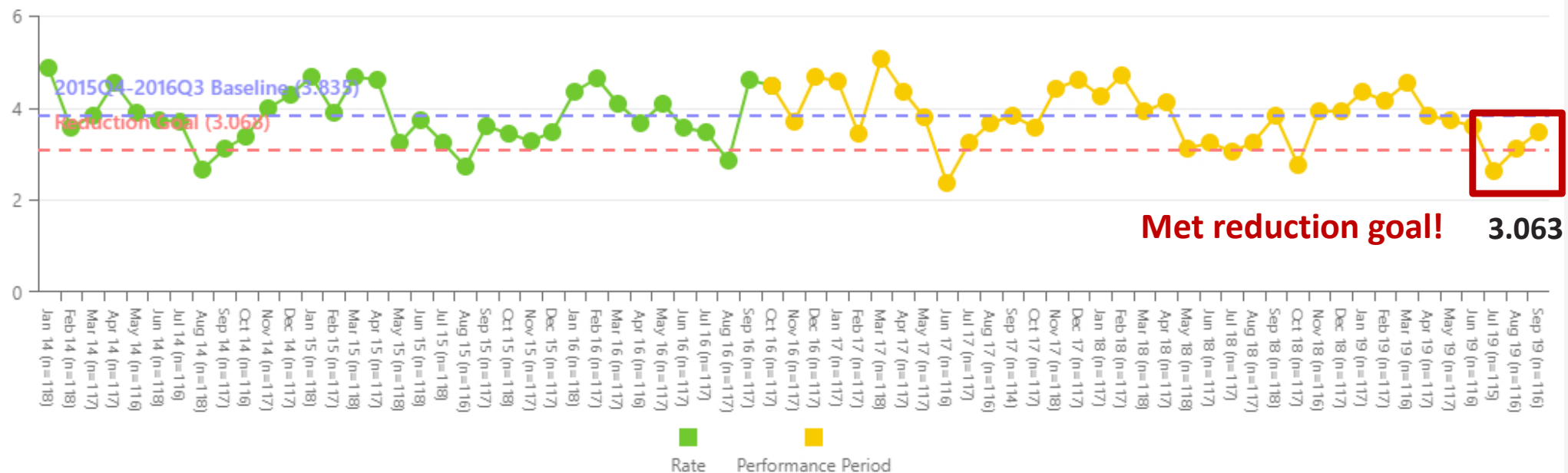
Minnesota Hospital Association (MHA)

Sepsis all-cause, in-hospital mortality, claims

116 of 120 hospitals reporting 20% reduction in Q3 2019

Sepsis, Rate in all-cause, in-hospital sepsis-related mortality Run Chart

116 of 120 hospitals reporting a 20.12% decrease from MN-HIIN baseline



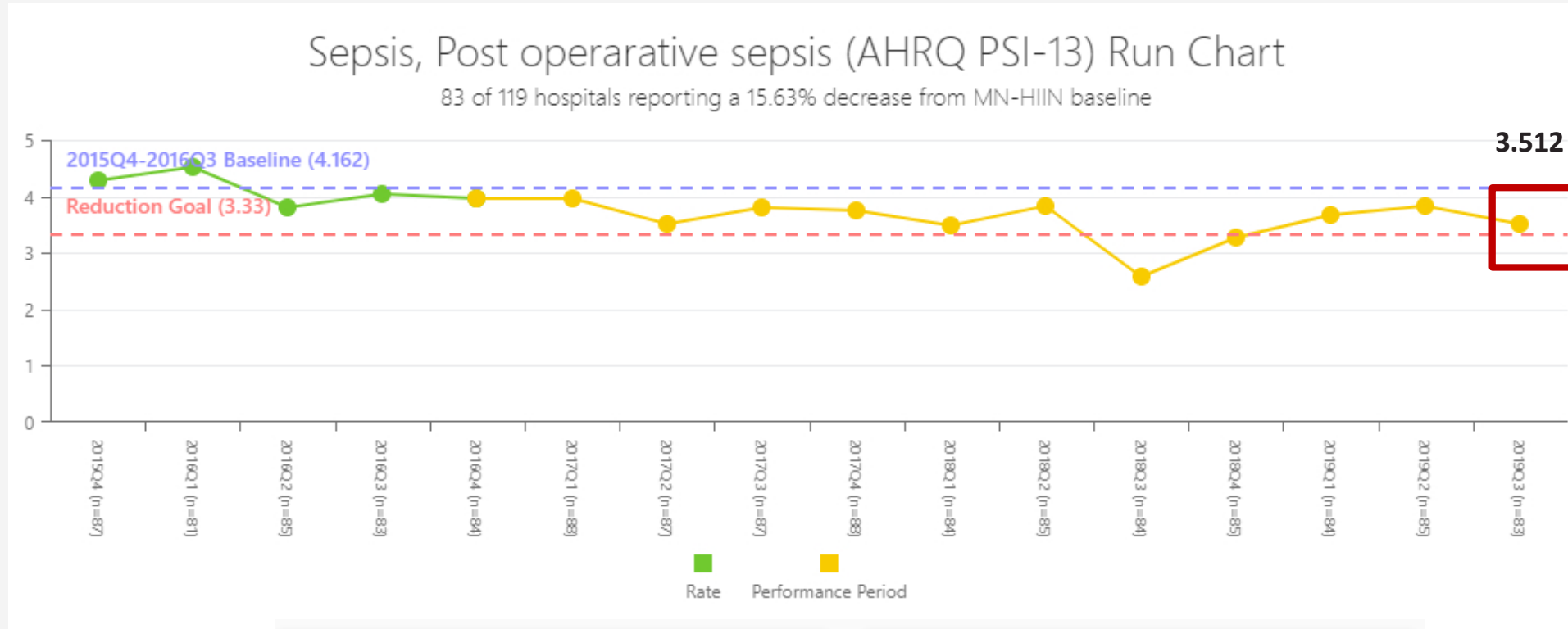
Current Quarter Improvement

2019Q3

👍 20%

AHRQ PSI-13, Claims

83 of 119 hospitals reporting a 15.63% decrease from baseline , Q3 2019



Current Quarter Improvement

2019Q3

👍 16%

Performance Improvement

Oct 2016 - 2019Q3

👍 13%

Improving Sepsis Outcomes



Minnesota Hospital Association (MHA)

2020 Sepsis Committee Work Plan

Priority 1: Increase implementation and adherence to road map participation

Priority 2: Site visits, outreach, education



QUALITY & PATIENT SAFETY

You are here: Patient safety in Minnesota hospitals > Quality & Patient Safety Initiatives > Shock

Quality & Patient Safety

Quality & Patient Safety Initiatives

- Antibiotic Stewardship
- Communicating Outcomes
- Delirium
- Emergency Overhead Pages
- Falls
- Health Care-Associated Infections
- Health Care Disparities
- Medication Safety
- Obstetrics & Newborn
- Patient & Family Engagement
- Patient Handling
- Patient Safety Culture
- Pressure Ulcers
- Readmissions & Safe Transitions of Care
- SAFER Care
- Sepsis and Septic Shock
- Standardized Colored Wristbands
- Surgery and Procedures
- Workplace Violence Prevention
- Adverse Health Events
- Collaboratives
- Partnership for Patients
- Safety Alerts
- Awards

SEPSIS AND SEPTIC SHOCK: EARLY IDENTIFICATION SAVES LIVES

Sepsis and septic shock can be associated with a mortality rate of up to 50 percent. MHA has coordinated the development of a sepsis early detection and treatment bundle. MHA has coordinated the development of a sepsis early detection and treatment bundle. MHA has coordinated the development of a sepsis early detection and treatment bundle.

Download the Sepsis road map.

+ Seeing Sepsis toolkit

+ Seeing Sepsis Long Term Care resources

+ Webinar recordings

Videos



Early recognition of sepsis & septic shock in the ED



Improving care for patients with sepsis & septic shock



Sepsis patient story, St. Cloud Hospital



Minnesota Hospital Association

Sepsis Road Map

Updated

MHA's road maps provide hospitals and health systems with evidence-based recommendations and standards for the development of topic-specific prevention and quality improvement programs, and are intended to align process improvements with outcome data. Road maps reflect published literature and guidance from relevant professional organizations and regulatory agencies, as well as identified proven practices. MHA quality and patient safety committees provide expert guidance and oversight to the various road maps.

Each road map is tiered into fundamental and advanced strategies:

- Fundamental strategies** should be prioritized for implementation, and generally have a strong evidence base in published literature in addition to being supported by multiple professional bodies and regulatory agencies.
- Advanced strategies** should be considered in addition to fundamental strategies when there is evidence the fundamental strategies are being implemented and adhered to consistently and there is evidence that rates are not decreasing and/or the pathogenesis (morbidity/mortality among patients) has changed.

Operational definitions are included to assist facility teams with road map auditing and identifying whether current work meets the intention behind each road map element.

Resources linked within the road map include journal articles, expert recommendations, electronic order sets and other pertinent tools which organizations need to assist in implementation of best practices.

Road map sections	Road map questions (If not present at your hospital or answering no, please see next column for suggested resources)	If specific road map element is missing, consider the following resources:
The facility's core strategies for the early detection and treatment of sepsis and septic shock	FUNDAMENTAL (check each box if "yes") <ul style="list-style-type: none"> <input type="checkbox"/> A physician is designated to lead sepsis performance improvement efforts. <input type="checkbox"/> Sepsis champions are promoted throughout the facility. <input type="checkbox"/> Routine sepsis screening performed in the ED and inpatient units based on SIRS criteria. <input type="checkbox"/> Standardized order sets in the ED and inpatient units for early detection and treatment of sepsis and septic shock that incorporate the Surviving Sepsis Campaign 3 and 6 hour bundles. <input type="checkbox"/> For patients with sepsis or septic shock evidence based guidelines are in place that indicate when to transfer to a higher level of care. 	<ul style="list-style-type: none"> Screening for sepsis in the emergency department can lead to early treatment and save lives. Consider using the MHA ED Seeing Sepsis Screening tool identified signs and symptoms. MHA ED Seeing Sepsis Screening Tool A standardized order set can provide the care team with clear direction on how to treat septic patients coming into the emergency department. Use the Seeing Sepsis 3 and 6-hour bundles to ensure that your organization incorporates all essential treatment elements. Surviving Sepsis 3 Hour Bundle Surviving Sepsis 6 Hour Bundle

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Seeing Sepsis toolkit

- Sepsis screening tool: ED
- ED algorithms
- Sepsis simulation tool: ED
- ED triage poster
- Act fast poster
- Early detection graphic tool
- Sepsis screening tool: inpatient
- Sepsis simulation tool: inpatient
- Order bundle for hospitals with an ICU

Sepsis webinar recordings, videos



Webinar recordings

- Recognition and Management of Severe Sepsis and Septic Shock, June 2017
- Download the slide presentation

Sepsis Road Map

Fundamental or advanced strategies to help with prioritization

Road map sections	Road map questions (if not present at your hospital or answering no, please see next column for suggested resources)	If specific road map element is missing, consider the following resources:
<p>The facility's core strategies for the early detection and treatment of sepsis and septic shock</p>	<p>FUNDAMENTAL (check each box if "yes")</p> <ul style="list-style-type: none"> <input type="checkbox"/> A physician or advanced practice provider is designated to leader sepsis performance improvement efforts. <ul style="list-style-type: none"> - Identified person ensures that regular sepsis multidisciplinary team meetings are convened to review cases, sepsis data and quality measures, and promote education. <input type="checkbox"/> Sepsis care champions are promoted and recognized by the organization. <ul style="list-style-type: none"> - All staff that play a role in identification and treatment of patients with sepsis such as nurses, lab, pharmacy, etc. - Acknowledgment of sepsis champions may include early detection recognition, success in bundle implementation. <input type="checkbox"/> Routine sepsis screening performed in the ED and inpatient units based on SIRS criteria. 	<ul style="list-style-type: none"> • List of sepsis team participants for sepsis multidisciplinary team participation. • Screening for sepsis in the emergency department can lead to early treatment and save lives. Consider using the MHA ED Seeing Sepsis Screening tool identified signs and symptoms. MHA ED Seeing Sepsis Screening Tool • A standardized order set can provide the care team with clear direction on how to treat septic patients coming into the emergency department. Use the Seeing Sepsis 3 and 6-hour bundles to ensure that your organization incorporates all essential treatment elements. Surviving Sepsis 3 Hour Bundle Surviving Sepsis 6 Hour Bundle


Organized by section to address specific aspects of care

Audit-style format for key elements

Operational definitions (what yes means)


Mapped resources with live links

Interactive data portal




Choose a
Road map

Sepsis Roadmap




Select
question type


Fundamental



Analyze
Road map


The facility's core strategies for the early detection and treatment of sepsis and septic shock

A physician or advanced practice provider is designated to lead sepsis performance improvement efforts. 


Sepsis care champions are promoted and recognized by the organization. 

Routine sepsis screening performed in the ED and inpatient units based on SIRS criteria

☒ Yes ☐ No ☐ N/A

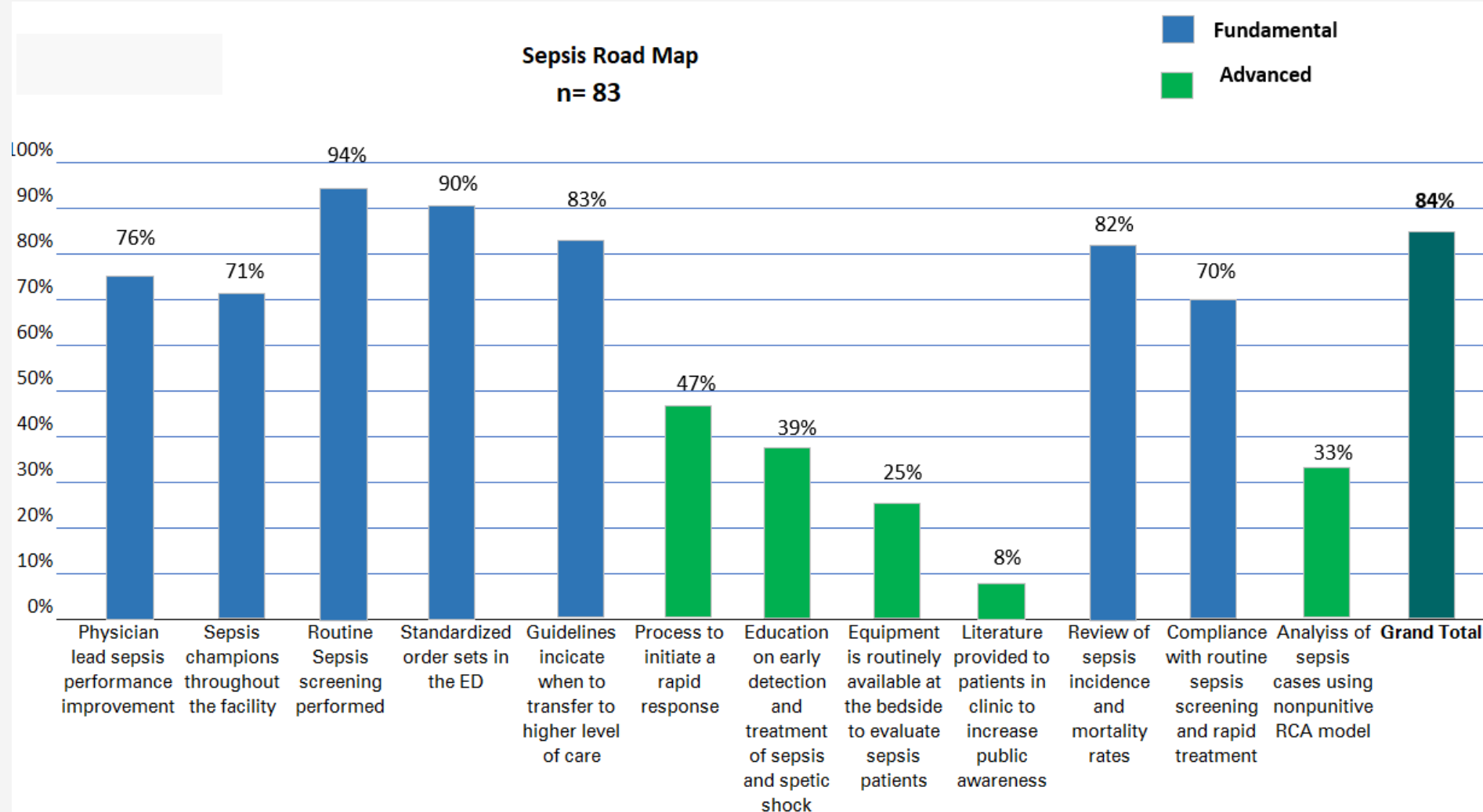
Notes: 

☐ Yes ☒ No ☐ N/A

Notes: 

June 19, 2020

Sepsis road map participation & adherence



Sepsis Site Visits

Tools & process

- Checklist
- Prep call questions
- Data analysis
- Slide deck

Hospital _____

Date of visit: _____



Sepsis Site Visit Process

- ☐ **Identify site**
 - Outreach based on data
 - Recruit during navigator visits and committee meetings
 - [Document tracking](#) sites interested and completed
- ☐ **Schedule site visit**
 - Request time frame from site (day of week, time of day, month that work best)
 - Request times available for Dr. Weinert from [Tracy Brown](#)
 - Determine site visit date, time, location – typical visits 2 hours in length
- ☐ **Schedule and complete prep call for site visit**
 - Specialist to lead prep call and invite key site visit planners from site ([1 hour](#) call)
 - Send [agenda template](#) in advance, after completing highlighted fields
 - Gather data in advance
 - Statewide and site-specific data
 - Sepsis incidence, sepsis mortality, septic shock incidence, septic shock mortality
 - [Spreadsheet](#) with recent data and example charts
 - SEP-1 data

Sepsis site visits

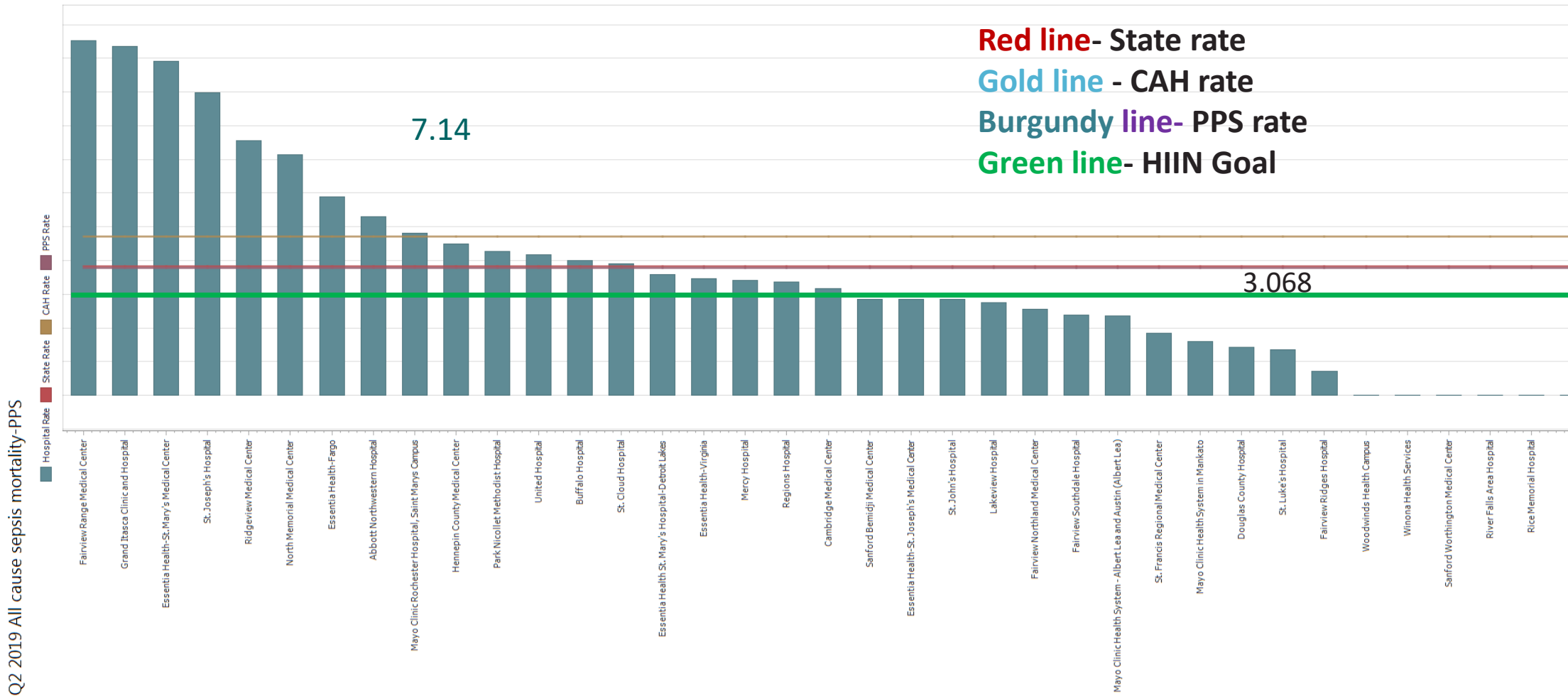
Date	Site	Follow-up
February 21, 2018	Lakeview Hospital	Grand Rounds- August 2018
March 15, 2018	Winona Health Services	
April 18, 2018	United Hospital	
July 12, 2018	Olmsted Medical Center	Grand Rounds- April 2019
September 20, 2018	RC Hospitals & Clinics	
October 16, 2018	Ridgeview Medical Center	
February 14, 2019	Essentia St. Mary's Medical Center	
March 15, 2019	Stevens Community Medical Center	
August 26, 2019	Lake Region HC	
December 10, 2019	St. Joseph's- Fairview	
January 15, 2020	North Memorial Hospital	
January 28, 2020	Hennepin Health	
April 2 ,2020	Lakewood Health System	

Hospital's Road Map adherence

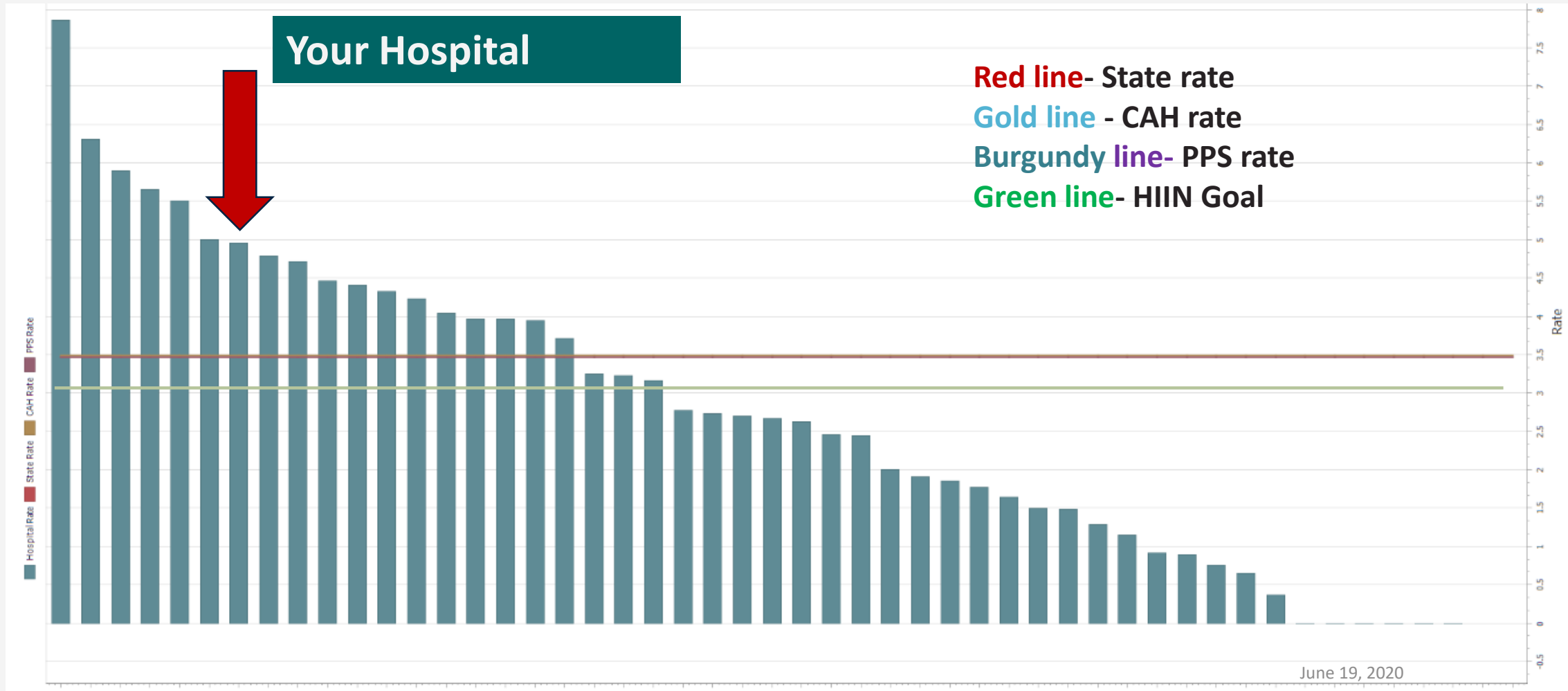
 Fundamental 86%
 Advanced 60%

		Yes	No	Blank
1	Physician designated to Lead	X		
2	Sepsis champions promoted	X		
3	Routine sepsis screen – ED	X		
4	Standard order set – ED & inpatient	X		
5	Transfer of care - guidelines		X	
6	Process to initiate rapid response	X		
7	Ongoing interdisciplinary education		X	
8	Literature provided to patients in clinic		X	
9	Equipment available at the bedside	X		
10	Tracking & monthly review; incidence/mortality; process measure	X		
11	Monthly review compliance; screening & bundles	X		
12	Monthly RCA analysis sepsis cases		X	

Sepsis, all cause, in-patient mortality-PPS: Q2 2019



Sepsis, all cause, in-patient mortality-PPS: Q2 2019



Resource Links

- Sepsis Resources:
<https://www.mnhospitals.org/quality-patient-safety/quality-patient-safety-improvement-topics/sepsis#/videos/list>
- Sepsis Road Map:
<https://www.mnhospitals.org/Portals/0/Documents/patientsafety/Sepsis/Sepsis%20Road%20Map.pdf>

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Michigan Health & Hospital Association



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GLPP HIIN Sepsis Improvement Data

Sepsis Mortality

7.1%



Post-Op Sepsis

5.1%



*Per 1000 patient days compared baseline period Q4 2015 – Q3 2016 to performance period 10/1/2016 – 12/31/2019

Michigan's Sepsis Presentation

Sepsis Practice Collaborative Model

A content refresh of sepsis fundamentals

Best Practice Diagram

A compilation of sepsis best practices and lessons learned

Process Discovery Tool

Performing medical record reviews to identify improvement opportunities

Sepsis Simulations

Learning by doing

Sepsis Practice Collaborative Model

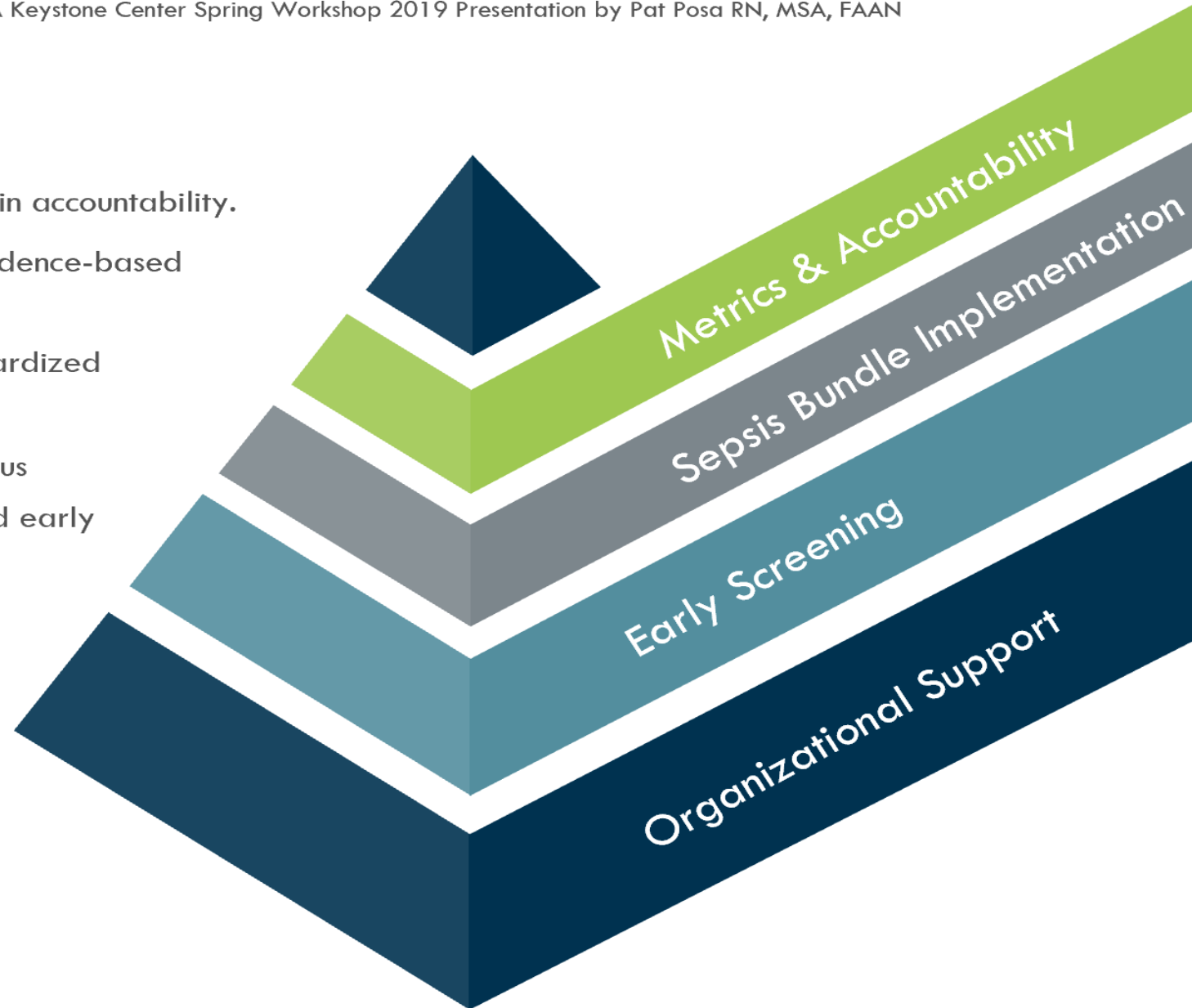
- High-level overview of sepsis fundamentals
- Visual model providing a content refresh
- Sepsis program development/sustainability
- Ideal for Sepsis Coordinators



Sepsis Practice Collaborative Model

Based on the MHA Keystone Center Spring Workshop 2019 Presentation by Pat Posa RN, MSA, FAAN

- ✓ Measure success and maintain accountability.
- ✓ Effectively implement an evidence-based sepsis bundle.
- ✓ Screen for sepsis with standardized tools and triggers.
- ✓ Build organizational consensus that sepsis must be managed early and aggressively.



MHA
Keystone Center

A Certified Patient Safety Organization

Collection of Blood Cultures & Antibiotic Administration

Based on GLPP HIIN Gap Analysis Surveys



QUESTION 1

Do all patients screening positive for severe sepsis/septic shock have blood cultures drawn within three hours of presentation?



QUESTION 2

Do all patients screening positive for severe sepsis/septic shock have blood cultures drawn prior to initiating broad spectrum antibiotics?



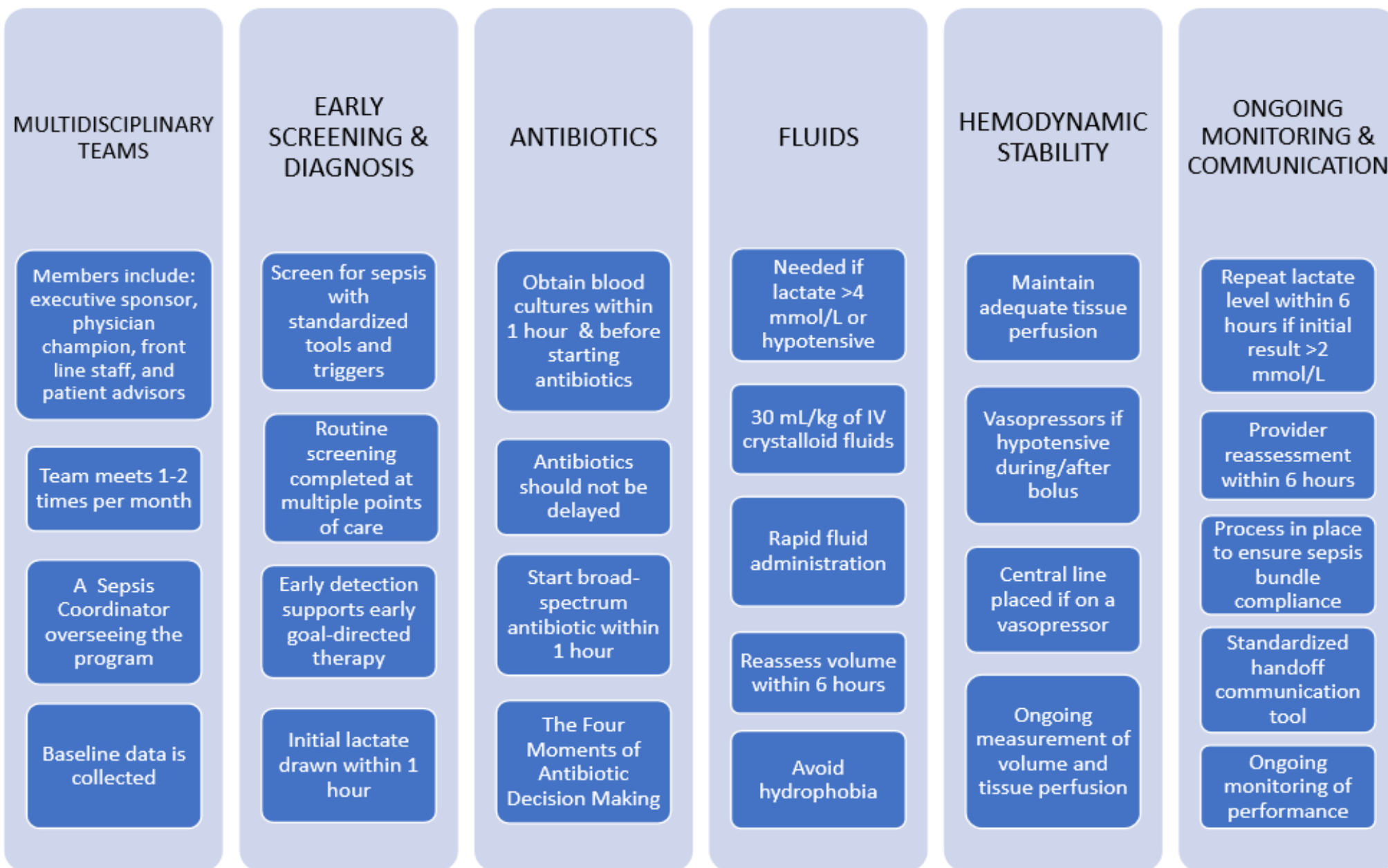
QUESTION 3

Do all patients screening positive for severe sepsis/septic shock receive an initial dose of a broad-spectrum antibiotic within three hours of presentation?

Sepsis Best Practice Diagram

- Compilation of sepsis best-practices from 2016 to 2020
- Specific to adults in acute care settings
- Outlines 6 crucial elements for an evidence-based sepsis program
 1. Multidisciplinary Teams
 2. Early Screening and Diagnosis
 3. Antibiotics
 4. Fluids
 5. Hemodynamic Stability
 6. Ongoing Monitoring and Communication

Sepsis in Adults - Best Practice Flow Diagram



Process Discovery Tool

- Chart reviews to identify system gaps
- Provides real-data
- Results are used to drive improvement
- Improvement Sprints
 - Can be used as a stand-alone tool

Sepsis Process Improvement Discovery Tool (Minimum 5 charts/Maximum 10 charts)

Note: Do NOT spend more than 20-30 minutes per chart!

Instructions: (1) If the answer to the question is "Yes", mark an X in the box to indicate that the desired process was discovered. You may check more than one box per chart. (2) The processes that are not marked with an X may indicate the most common failures and could be a priority focus. (3) Put N/A if the process is not applicable

PROCESS	Chart 1	Chart 2	Chart 3	Chart 4	Chart 5	Chart 6	Chart 7	Chart 8	Chart 9	Chart 10
Screening										
Patient was screened for sepsis within 30 minutes of arrival to the emergency	X	X	X	X	X	X	X	X	X	X
Inpatient sepsis screen completed at least once per shift? (N/A once sepsis identified in ED or inpt unit)	N/A	X	X	X	N/A			X	X	X
If sepsis screen is positive, sepsis alert activated overhead with positive sepsis screen?	X	X	X	X	X	X		X	X	X
3 hour bundle compliance										
Blood cultures drawn within 30 minutes of positive sepsis screen AND prior to antibiotic administration?				X			X			
Serum lactate drawn and resulted within 60 minutes of positive sepsis screen?	X	X		X	X	X	X		X	X
Broad spectrum antibiotics initiated within 60 minutes of positive sepsis screen?	X	X	X	X		X	X		X	X
Fluid 30ml/kg initiated within 60 minutes of positive sepsis AND completed within 180 minutes of positive sepsis screen for pts with hypotension SBP< 90mmHg and or lactate >2mmol/dL	N/A	N/A	N/A	X			X	N/A		X
6 Hour Bundle Compliance										
Vasopressors administered for MAP <65mmHg?	N/A	N/A	N/A	X	N/A	X	N/A	N/A	X	X
Repeat serum lactate drawn & resulted within 6 hours after initial elevated lactate?		X		X	X	X	X		X	X
Fluid reassessment done at the end of the fluid resuscitation?	N/A	N/A	N/A	X	X		X	N/A	X	X

Sepsis Simulations

- Adults learn best by doing
 - Hands-on, real-life scenarios
- 3 scenarios
 - Emergency Department (ED)
 - Care transitions (ED to Intensive Care Unit)
 - General medical floor
- Train the trainer
 - How to effectively lead a simulation in your organization

Sepsis Simulations



Questions?

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Wisconsin Sepsis Initiatives

Sepsis Transfer Communication

- Nursing protocols and order sets
- Point of Care tacking tool

Sepsis Checklist

- Proactive Review vs Reactive Review
- Improve communication with providers through use of dashboards

Sepsis IT

- Early recognition
- Decision Support Tools
- Sepsis Rapid Response Team

YouTube Sepsis Videos

Suspected Sepsis Protocol

SPH RN Suspected Sepsis Protocol-Adult

Screen every pt Q8H, start here.

Sepsis = 2 or more SIRS Criteria plus a suspicion of infection

2 or more SIRS Criteria

Temp >100.9 or <96.8

Heart rate >90

RR >20

WBC >12000 or <4000 or >10% Bands

Suspected Infection Examples

Urinary Complaints (pain, blood, increased frequency)

Respiratory complaints (cough, SOB)

Abdominal complaints (abdominal pain, diarrhea, N/V)

Skin complaints (redness, pain, open wound)

Neurological complaints (headache/confusion/neck pain, Δ in LOC)

***Initiate Sepsis Paper Flow Chart – See reverse

Action Plan

1) Start RN Suspected Sepsis Protocol order set. (enter as protocol order)

- Blood Cultures X2
- Lactic Acid – reflex if >2.0
- CBC & CMP
- Infuse 1L NS Bolus

2) Notify MD and Request ABX

3) Continue to evaluate for Severe Sepsis or Septic Shock.

4) If Lactic acid was already performed and <2.0, Repeat Lactic Acid with any change in condition.

Monitor for Severe Sepsis: Addition of any 1 of the below.

MAP < 65 or SBP < 90

Decrease in SBP by > 40 mmHg

Initial Lactic Acid > 2.0

Acute respiratory failure with need for new BiPAP/CPAP or ETT

Urine output <0.5ml/kg/hr x 2hrs

*Plt <100,000

*Creatinine >2.0

*Total Bili >2.0 new onset

*INR >1.5 or PTT > 60 seconds.

Action Plan

1) Repeat Lactic Acid if no reflex

2) Notify MD and Anticipate orders.

- Fluids 30mL/kg
- Administer ABX

3) Monitor for Septic Shock

*Criteria may not be valid if lab value is Baseline for pt.

Evaluate for Septic Shock: Addition of any 1 below.

Lactic acid ≥ 4.0

Despite fluid resuscitation MAP ≤ 65 or SBP <90

Action Plan

1) Repeat Lactic Acid if no reflex

2) Notify MD and Anticipate the following

- Vasopressors & Fluids & Additional IVs
- Central Line & CVP
- Respiratory Assistance

3) MD to Document Perfusion

- See Severe Sepsis Template

Stop Sepsis Early and Save Lives!

RN Suspected Sepsis Protocol Order Set

Order	SCH	Start/Stop
RN Suspected Sepsis Protocol		
General		
<input type="checkbox"/> IV - Insert		
<input checked="" type="checkbox"/> NOW		Today Now
Intervention Text		
<input type="checkbox"/> Vital Signs - Sepsis		
<input checked="" type="checkbox"/> Q1HX4		Today Now
Intervention Text		
<input type="checkbox"/> Cardiac Telemetry- Continuous		
<input checked="" type="checkbox"/> CONTINUOUS		Today Now
Intervention Text		
<input type="checkbox"/> Pulse Oximetry - Continuous		
<input checked="" type="checkbox"/> CONTINUOUS		Today Now
Intervention Text		
<input type="checkbox"/> Blood Culture		
<input checked="" type="checkbox"/> Stat		Today Now
* Quantity	2	
* Specimen	Send someone from the depart	
* MIC Source	Blood	
Specimen Description	Venous	
Obtain cultures prior to initiating antimicrobial therapy as long as it does not delay care by 45 minutes or more.		
<input type="checkbox"/> Lactic Acid Blood		
<input checked="" type="checkbox"/> Stat		Today Now
* Specimen	Send someone from the depart	
Comments	if result > 2; repeat lactate level until < 2	
<input type="checkbox"/> Comprehensive Metabolic Panel		
<input checked="" type="checkbox"/> Stat		Today Now
* Specimen	Send someone from the depart	
Comments		
<input type="checkbox"/> CBC w Automatic Differential		
<input checked="" type="checkbox"/> Stat		Today Now
IV Fluids		
<input type="checkbox"/> IV-NS 0.9%		

June 19, 2020

Sepsis Point of Care Tracking Tool

Sepsis Flow Chart – to be handed off from Department to Department and shift to shift.

<u>Time</u>	<u>Action</u>
<input type="checkbox"/> ____:____	Pt is identified as suspected sepsis
<input type="checkbox"/> ____:____	RN Starts Suspected Sepsis Protocol
<input type="checkbox"/> ____:____	Provider Notified
<input type="checkbox"/> ____:____	Lactic acid (Q2H until ≤ 2.0) Due next ____:____ Due Next ____:____
<input type="checkbox"/> ____:____	Blood cultures completed
<input type="checkbox"/> ____:____	CBC/CMP completed
<input type="checkbox"/> ____:____	Second IV site
<input type="checkbox"/> ____:____	1 st Liter fluid Bolus started Total Volume required for pt ____L
<input type="checkbox"/> ____:____	1 st Liter documented on I/O
<input type="checkbox"/> ____:____	Antibiotic Started
<input type="checkbox"/> ____:____	2 nd Liter fluid started
<input type="checkbox"/> ____:____	2 nd Liter documented on I/O
<input type="checkbox"/> ____:____	3 rd Liter fluid started
<input type="checkbox"/> ____:____	3 rd Liter Documented on I/O
<input type="checkbox"/> ____:____	4 th Liter fluid started
<input type="checkbox"/> ____:____	4 th Liter Documented on I/O
<input type="checkbox"/> ____:____	5 th Liter fluid started
<input type="checkbox"/> ____:____	5 th Liter Documented on I/O

Vital signs Q1H until stable. I/O recommended hourly until stable.

Continue to monitor for Septic Shock.

*****Attach Pt sticker.

RN _____

When completed, please return form to Sepsis binder in the Acute Care nurses station.

Confidential

This document is prepared pursuant to the guidelines of Section 146.38 of the Wisconsin Statutes and is to be used for the purpose of reviewing or evaluation of the quality of care and services of the hospital and the individual healthcare providers working at the hospital


Sepsis Checklist

Aurora Health Care
All in. All the time. All together.

Sepsis Checklist-IP Patient label

Severe Sepsis 3 hour Bundle	Done & initials	Best Clinical Practice and Measure															
		Draw lactic acid (gray tube placed on ice or use ISTAT [ED only])															
		Obtain 2 Blood Cultures <i>before</i> antibiotics are started															
		Administer Antibiotics (Must be started within the 3-hour timeframe of sepsis recognition or presentation <i>does not have to be completed within the 3 hours though</i> . If 2 antibiotics ordered, give broad spectrum first or give simultaneously if compatible.)															
	If clinically able, LR is the preferred IVF for sepsis	Administer 30ml/kg crystalloid for Hypotension, Lactate greater than or equal to 4, or documented Septic Shock. <i>If concern for patient tolerating fluid bolus, discuss with MD to have rate run at 126ml/hr to ensure adequate volume resuscitation per sepsis guidelines and minimize volume overload.</i> Weight in kg: _____ IVF : .9NS LR _____ <i>Remember: complete each IVF bag on MAR at the exact time IVF done!</i>															
Temperature Measurement		Insert Temperature Sensing Foley if foley indicated AND being admitted to the ICU															
Severe Sepsis 6-hour Bundle		If lactic acid is greater than 2 mmol/L, release the IF CONDITION MET order for repeat lactic acid level 4 hours after initial level. (level MUST be drawn within a maximum of 6 hours from initial level) Initial lactic acid Level: _____ Time Drawn: _____ Repeat Level Required: <input type="checkbox"/> Yes <input type="checkbox"/> No Time Due: _____															
Septic Shock		Complete severe sepsis bundles above plus: Septic Shock is present if Lactate is greater than or equal to 4 mmol/L. OR there is persistent hypotension in the 1 hour following 30ml/kg crystalloid fluid administration (needs to be at least 2 consecutive systolic BP's below 90, MAP less than 65 or SBP drop of greater than 40) Crystalloid Fluids Completed: Date/Time: _____ Lowest 2 consecutive BP's in the one hour following fluid administration <table border="1"> <tr> <th>Date</th> <th>Time</th> <th>BP</th> <th>MAP</th> </tr> <tr> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> </tr> </table> <i>Remember: complete each IVF bag on MAR at the exact time IVF done!</i>				Date	Time	BP	MAP								
Date	Time	BP	MAP														
Septic Shock Bundle		Complete sepsis bundles above plus: Vasopressors administered within 6 hours of presentation of septic shock if hypotension persists after fluid administration. Repeat volume status and tissue perfusion assessment within 6 hours of the presentation of septic shock consisting of either a focused exam (must be done and documented by MD/NP/PA) including: -Vitals signs reviewed -Cardiopulmonary evaluation -Capillary refill examination (must state this specifically) -Peripheral pulse evaluation -Skin examination -Complete Septic Shock Index OR any 1 of the Following (CVP and SvO2 can be nurse documented on Epic Flow sheets): Central Venous Pressure measurement (CVP) Central Venous Oxygen measurement (SvO2) Bedside Cardiovascular Ultrasound Passive Leg Raise or Fluid Challenge															

Revised 9/4/2019

SEPSIS		
SEPSIS	SEVERE SEPSIS	SEPTIC SHOCK
Documented or presumed infection + 2 or more SIRS criteria:	SEPSIS + one of the following:	SEVERE SEPSIS + persistent hypotension despite adequate fluids:
<ul style="list-style-type: none"> T > 38.3 or < 36 C (> 101 or < 96.8 F) P > 90 RR > 20 WBC > 12 or < 4, or bands > 10% 	<ul style="list-style-type: none"> SBP < 90, or MAP < 65, or SBP drop > 40 Lactate > 2 Creatinine > 2 or UOP < 0.5 mL/kg/hr for 2 hours Acute respiratory failure: Bipap or Ventilator Billirubin > 2 Platelets < 100,000 INR > 1.5 or PTT > 60 	<ul style="list-style-type: none"> SBP < 90, or MAP < 65, or SBP drop > 40, or Lactate >= 4
		
SEPSIS ANTIBIOTIC SELECTION		
(1) antibiotic needs to either be selected from table 5.0 or a combination of (1) from white and (1) from grey in table 5.1		
TABLE 5.0 (only 1 needed)		TABLE 5.1 (combination of 2 needed)
Trade name	Generic Name	Trade name
		Generic Name
Invanz	Doripenem	Amikacin
	Eratapenem	Garamycin
Primaxin	Imipenem/Cilastatin	Kanrex
Merrem	Meropenem	Nebcin
Claforan	Cefotaxime	Azactam
Fortaz	Ceftazidime	Cipro
Rocephin	Ceftriaxone	Ancef
Fortaz	Ceftazidime	Mefoxin
Maxipime	Cefepime	Ceftin
Teflaro	Ceftaroline fosamil	Cefotan
Avycaz	Moxifloxacin	Cleocin
Levaquin	Ceftazidime/avibactam	Cubicin
Zerbaxa	Levofloxacin	Targocid
Unasyn	Ceftolozane/tazobactam	Vibativ
Zosyn	Ampicillin sulbactam	Vancocin
Timentin	Piperacillin/tazobactam	Zyvox
	Ticarcillin/clavulanate	Zithromax
Always give the following medications first without delay: Aztreonam, Ceftriaxone, Cefepime, Meropenem, Moxifloxacin, Levofloxacin, and Piperacillin-Tazobactam.		Erythromycin Ketek Ampicillin Nafcillin Oxacillin Penicillin G
Co-administer medications as able based on compatibility and number of access sites/lumens.		Telithromycin Ampicillin Nafcillin Oxacillin Penicillin G
COMPATABILITY CHART IS POSTED IN ALL MEDICATION ROOMS		

Provider Dashboards

Prasad

2019 Sepsis Statistics

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	year to date
Severe Sepsis pass	1	1	0	0	0	1	3	2	0				8
Severe Sepsis fail	0	1	0	0	0	1	0	0	0				2
Septic Shock pass	0	0	0	1	0	1	0	0	0				2
Septic Shock fail	0	0	0	0	0	0	0	0	0				0
% passed measure	100.0%	50.0%	#DIV/0!	100.0%	0.0%	66.7%	100.0%	100.0%	0.0%	#DIV/0!	#DIV/0!	#DIV/0!	83.3%
Chances to use order set	1	2	0	1	0	3	3	2	0				12
Order set used	1	2	0	1	0	3	3	2	0				12
Order set used %	100.0%	100.0%	#DIV/0!	100.0%	0.0%	100.0%	100.0%	100.0%	0.0%	#DIV/0!	#DIV/0!	#DIV/0!	100.0%
failed	0	1	0	0	0	1	0	0	0	0	0	0	2
passed	1	1	0	1	0	2	3	2	0	0	0	0	10
total cases	1	2	0	1	0	3	3	2	0	0	0	0	12

Fallout Causes

January-March	
MRN 3759696	Failed antibiotic selection per CMS guidelines. Needed additional antibiotic administered in initial 3 hours.
April-June	
MRN 1203686	Failed antibiotic selection per CMS guidelines. Needed additional antibiotic administered in initial 3 hours.
July-September	
	None. Great Job!

Total ED Providers

2019 Sepsis Statistics

GOAL 68.63%

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	year to date
Severe Sepsis pass	8	9	4	6	5	5	8	11	5				61
Severe Sepsis fail	1	3	0	1	2	1	1	1	0				10
Septic Shock pass	1	2	1	5	3	4	6	4	5				31
Septic Shock fail	1	0	0	0	0	0	3	0	1				5
% passed measure	81.8%	78.6%	100.0%	91.7%	80.0%	90.0%	77.8%	93.8%	90.9%	#DIV/0!	#DIV/0!	#DIV/0!	86.0%
Chances to use order set	11	14	5	12	10	10	18	16	11				107
Order set used	9	11	4	11	9	10	16	15	11				96
Order set used %	81.8%	78.6%	80.0%	91.7%	90.0%	100.0%	88.9%	93.8%	100.0%	#DIV/0!	#DIV/0!	#DIV/0!	89.7%
failed	2	3	0	1	2	1	4	1	1	0	0	0	15
passed	9	11	5	11	8	9	14	15	10	0	0	0	92
total cases	11	14	5	12	10	10	18	16	11	0	0	0	107

GOAL 68.63%

ED Order Set Statistics

Total sepsis cases	11	14	5	12	10	10	18	16	11				107
total with order set	9	11	4	11	9	9	16	15	11				95
passed with order set	8	10	4	10	8	9	14	15	11				89
failed with order set	1	1	0	1	1	1	3	2	0				6
% passed with order set	88.9%	90.9%	100.0%	90.9%	88.9%	100.0%	87.5%	100.0%	100.0%	#DIV/0!	#DIV/0!	#DIV/0!	93.7%
% failed with order set	11.1%	9.1%	0.0%	9.1%	11.1%	11.1%	18.8%	13.3%	0.0%	#DIV/0!	#DIV/0!	#DIV/0!	6.3%
total without order set	2	3	1	1	1	1	1	1	0				11
passed without order set	1	1	1	0	1	1	1	1	0				7
failed without order set	1	2	0	1	0	0	0	0	0				4
% passed without order set	50.0%	33.3%	100.0%	0.0%	100.0%	100.0%	100.0%	100.0%	0.0%	#DIV/0!	#DIV/0!	#DIV/0!	63.6%
% failed without order set	50.0%	66.7%	0.0%	100.0%	0.0%	0.0%	0.0%	0.0%	0.0%	#DIV/0!	#DIV/0!	#DIV/0!	36.4%

Using the sepsis order sets greatly increases the chance of successfully treating your severe sepsis and septic shock patients.

Sepsis Information Technology



- MEWS
 - Automated data-gives a risk score
 - 20-25 clinical triggers (data) pulls lab results, assessments
 - All the results have points associated with each value and the values are totaled to produce a risk score
 - The sicker the patient, the higher the score.
 - Real time configuration-interventions can change the score.

Sepsis Rapid Response Team (SWAT)

- SWAT team focus on **HIGH RISK** scoring patients
- Review these patient's ongoing condition **at least every 12 hours**
- Document visit, interventions, outcomes

Development of the BPA

Best Practice Alerts

- **Purpose**
 - Early identification of patients who meet severe sepsis criteria for time-sensitive ordering
 - Assist with meeting CMS quality measures for care of severe sepsis/septic shock patients
- **Requirements for BPA**
 - Accuracy – identify all patients with sepsis criteria with a minimal number of false positives
 - Link to the appropriate next actions for the BPA recipient
 - Require a response to the BPA but provide appropriate options to move past it



bellinhealth

YouTube Sepsis Playlist



<https://www.youtube.com/playlist?list=PLGeSYWaz3y8udBTkxTNN0dlYooeZzAP8y>

- Introduction to Sepsis
- Key Elements of the SEP 1 Core Measure
- SEP-1: The Repeat Lactate
- Sepsis Townhall Event: Sepsis and the SEP-1 Core Measure
- Sepsis and the SEP-1 Core Measure: Downcoding and Claims Denials
- Avoid Hydrophobia: “30 by 3” despite comorbidities in Sepsis

Illinois Health and Hospital Association



Adam Kohlrus MS, CPHQ, CPPS

Assistant Vice President

Quality, Safety and Health Policy

Illinois's Sepsis Presentation

Implementation
Playbooks

Journey to Sepsis
Improvement Playbook



INTRODUCING THE PLAYBOOKS

GLPP HIIN Implementation Playbooks

Implementation Playbooks

- Reducing C. difficile Infections
- ED Recidivism and Unnecessary Hospital Admissions and Readmissions
- Daily Interdisciplinary Safety Huddle (DISH) on Device Utilization and Hospital-Acquired Infections
- Journey to Sepsis Improvement (coming soon!)
- Antimicrobial Stewardship Program
- Enhancing Partnerships to Address SDOH
- SDOH Screening in the ED

<https://health.dotankdo.com/illinois-health-and-hospital-association/>



Introduction

ABOUT THIS PLAYBOOK

Playbook Steps

STEP 1

Read the playbook guidelines and appreciate the context and the people that are involved.

STEP 2

Walk through each of the process steps and take advantage of the external information where available. You may need to refer back to the guidelines from time to time. The Playbook aims to inspire hospitals to be able to pick this up, knowing nothing about the process, and after reading it have a good handle on what the process is and what steps they could take to replicate it.

STEP 3

Digest the results and impacts and review where the process steps make sense and/or could be a challenge for your hospital.

STEP 4

Gather your team and gameplan your critical next steps to making this happen at your hospital.

How it Came to Be

Our strategic partner, Do Tank, worked closely with the IHA and hospital teams throughout the Innovation Challenge to design strategies, implementation plans, and these playbooks. The document that you are reading emerged over a 4 week process that involved interviews, mining documentation, reflections on the yearlong Challenge, and multiple iterations.

do tank
do business design, redesigned

The Cast of Characters

The storyline behind the Playbook involves these wonderful people, places and organizations.

Additional Content

You will find additional content in the Playbook via links to external resources.

DON'T MISS THEM!

(Look for this icon)



Extra Resources



Innovation Challenge Awardee



Dawn Moeller

Clinical Manager for
Emergency and Trauma
Services

Emergency Department at
Advocate Aurora Health
(Award Site)



Spread Partner



Jennifer Mowen

Administrative Director,
Performance Improvement &
Management Systems

Illini Community Health
(Spread Site)

The Challenge

CHALLENGE

ED Recidivism & Unnecessary Hospital Admission & Readmission

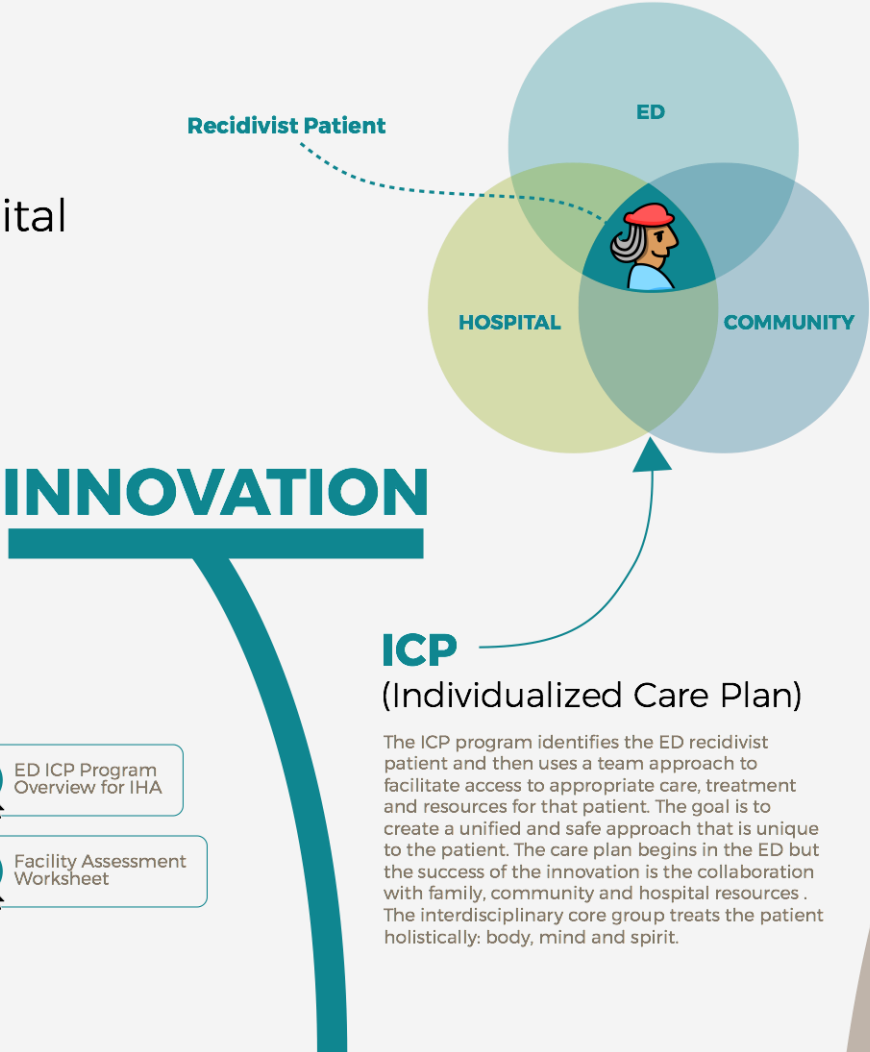
Project background

Hospital ED recidivism and readmissions are up due to a number of factors including increased substance use disorders and mental illness. ED recidivism and readmission can be reduced, and with that a tremendous cost savings, by developing an ICP (Individual Care Plan) for frequently admitted patients in order to best meet their needs.

Why it's IMPORTANT to do

The ED delivers episodic care, and patients get fragmented care when they keep coming back. Providers feel frustrated when they can't deliver the kind of care these patients need. The ICP was designed to get at the root causes of readmission by providing a plan for frequent ED patients and a network of resources to address these problems. The team was able to empower patients to access community resources that make a difference in their own care.

Recidivism and readmission was reduced dramatically.



The Steps

UNIT REPORTING

Each unit reports variables at DISH, including device use, indications and plans for removal. Isolation cases in their units are also reported.

3

KEY ACTIVITIES

- Daily 15-minute DISH meeting at 8am
- CVC and IUC usage are reported by nurse managers. The ICP reviews indications, duration, and plans for device removal.

KEYS TO SUCCESS

- Increased awareness of central venous catheters and urinary catheters and their impact on device utilization
- A new, holistic level of awareness for front line staff
- Better collaboration amongst staff - a healthy and interactive culture of safety
- Reduction in device use.

CHALLENGES

- When barriers for removal remain, such as provider preference, the CNO, Medical Director of Infection Control or Chief Quality Officer are involved
- Ensuring same day resolution of issues.

WHO IS INVOLVED?

Representatives of all units and departments in the hospital.

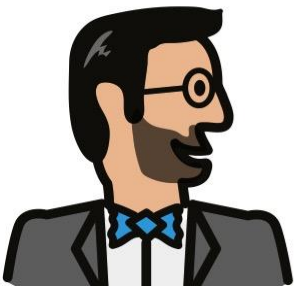
Key Participants Include:

- Chief nursing officer (CNO)
- Infection control practitioner (ICP)
- Managers of all hospital units.

Impact of Hospital Wide DISH

Some of the barriers were changes in leadership, commitment from leadership but the results speaks for itself

We attended rounds to increase awareness of physicians by asking "why do we need to have that device?"



Journey to Sepsis Improvement

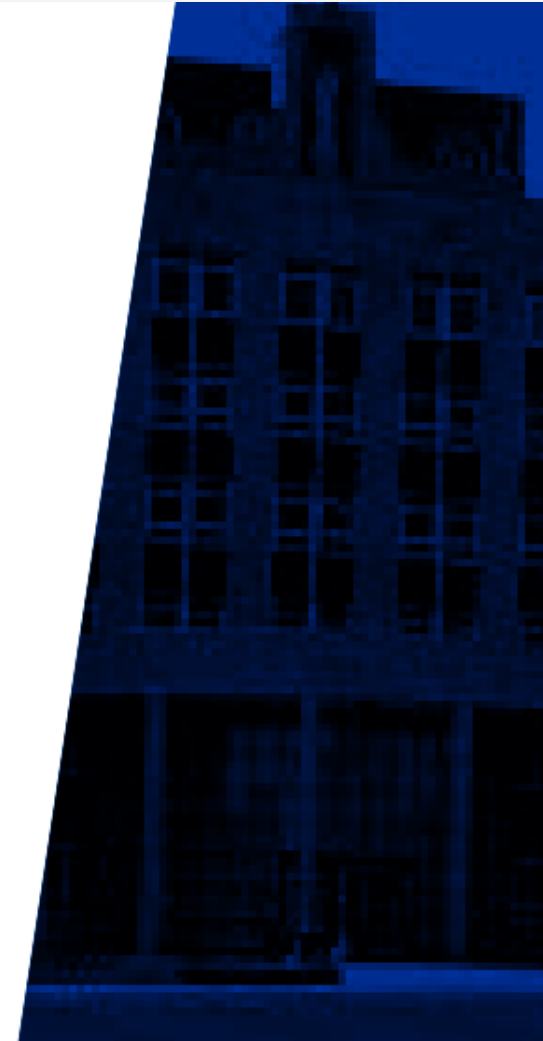
IHA
IMPLEMENTATION
CHALLENGE:
IMPLEMENTATION
PLAYBOOK

HSHS St. Anthony's Memorial Hospital
Journey to Sepsis Improvement

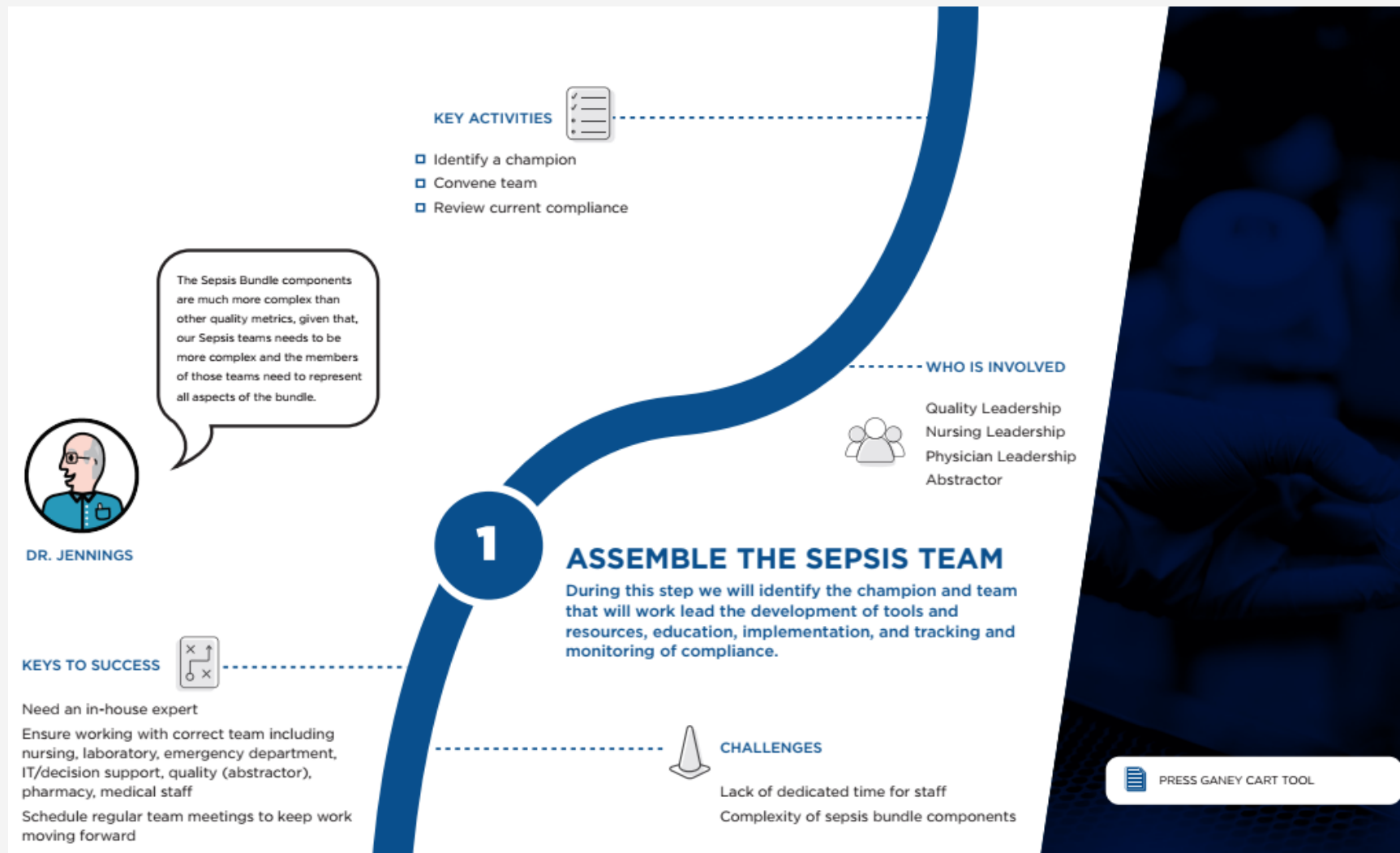
18% IMPROVEMENT IN
MORTALITY RATE

517 LIVES SAVED SINCE 2014

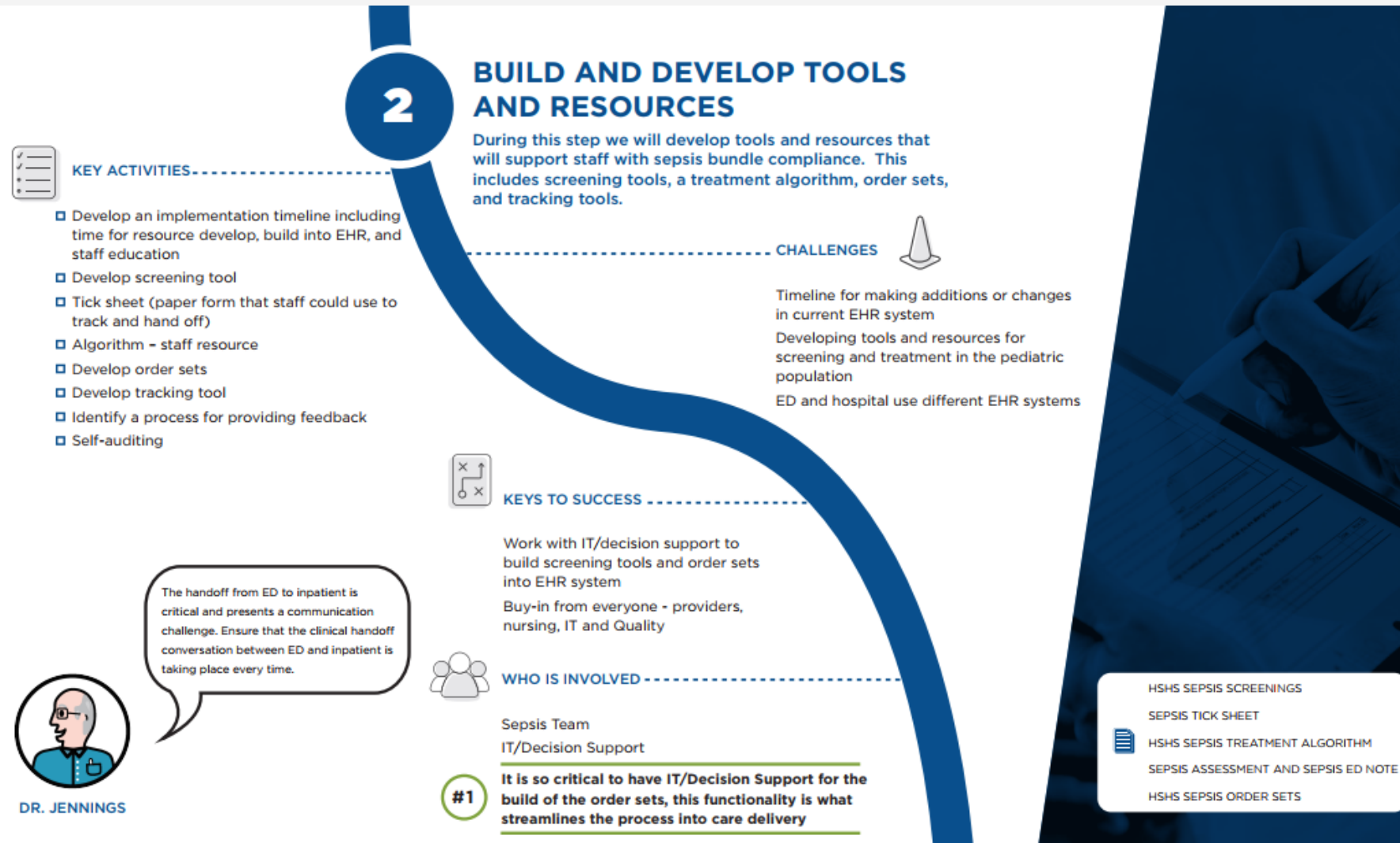
80% BUNDLE-COMPLIANCE
ACROSS DIVISION



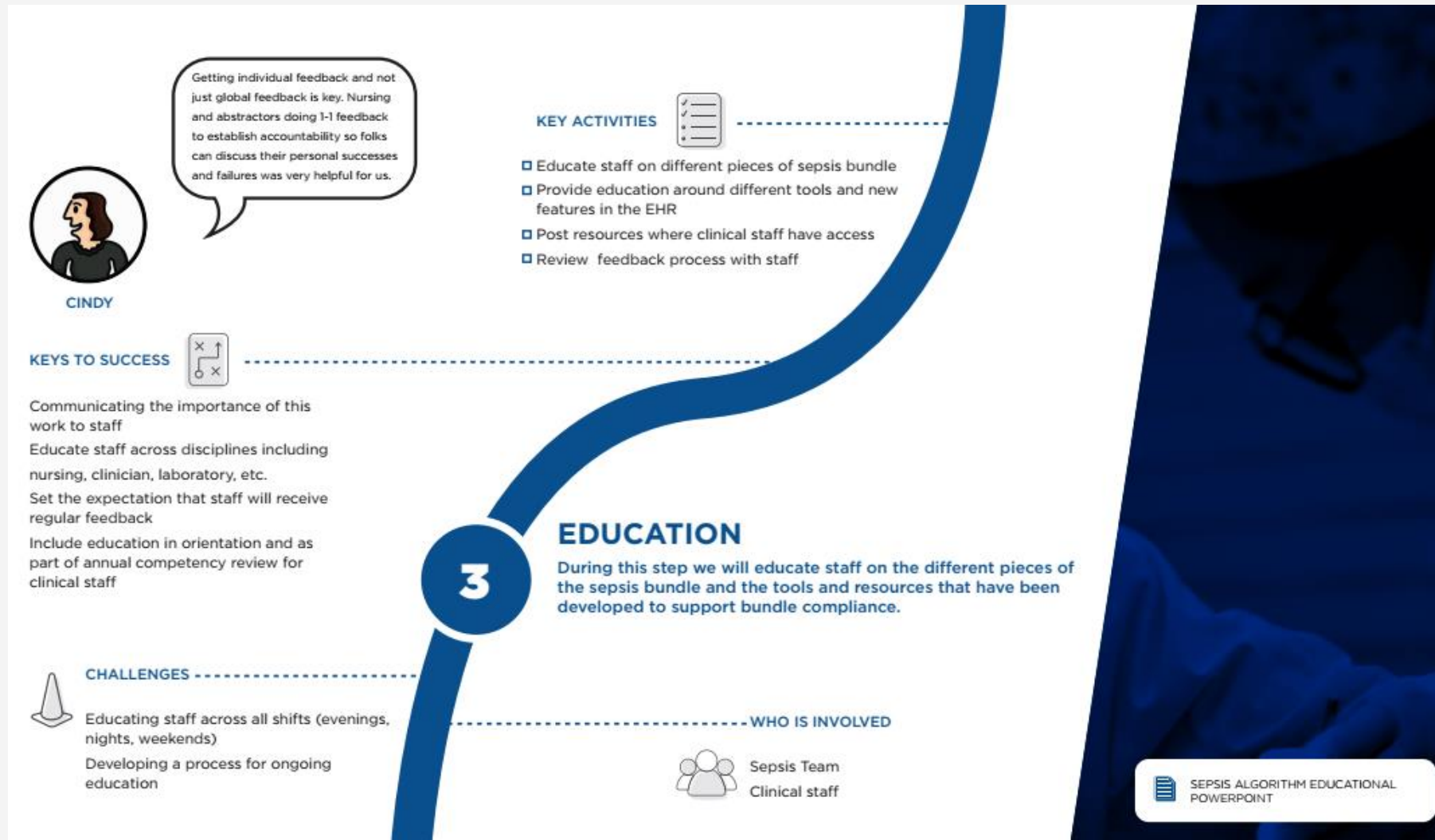
Journey to Sepsis Improvement



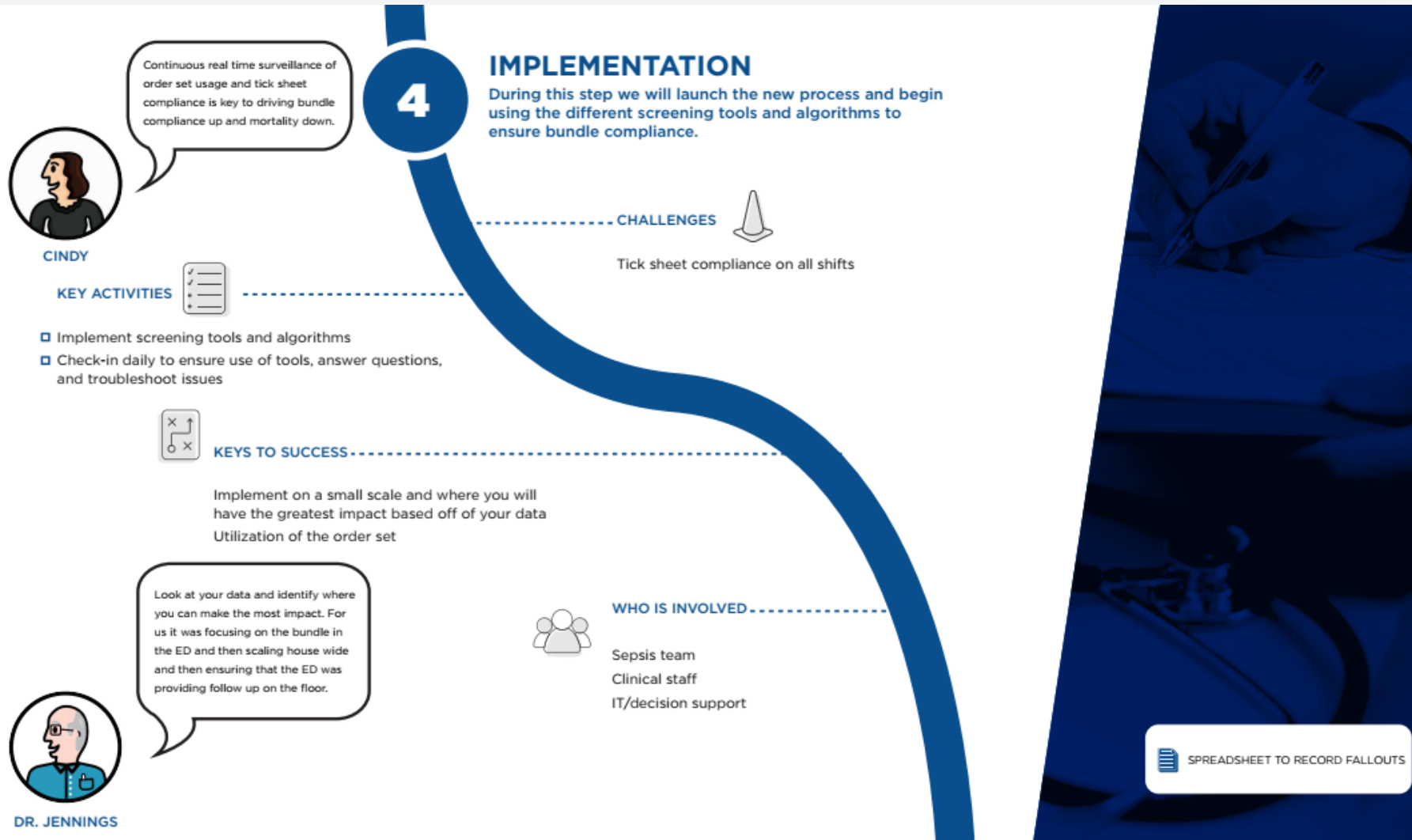
Journey to Sepsis Improvement



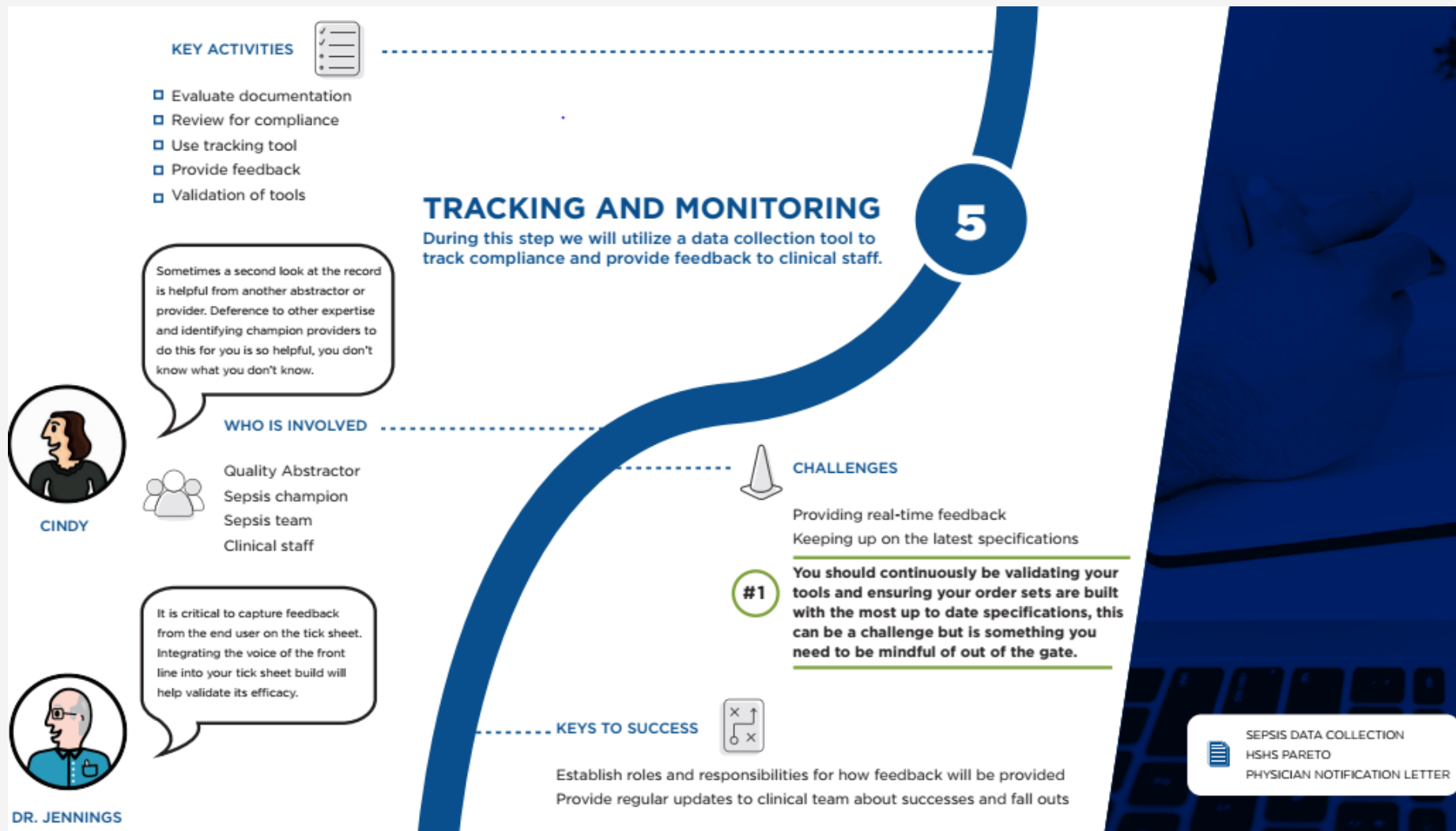
Journey to Sepsis Improvement



Journey to Sepsis Improvement



Journey to Sepsis Improvement



Journey to Sepsis Improvement

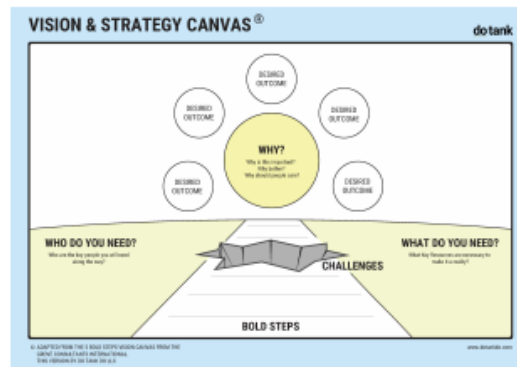
60 MINUTES TO START YOUR JOURNEY

1. Get Ready

Hover over the canvas to download it. Then print a large version of the canvas, find a quiet room, gather stickies and sharpies and as a team of 4-6 people. If you follow these steps, in 60 minutes you should have a clear picture of your implementation vision and strategy as it pertains to implementing this best practice.

2. The Why

Spend your first 10 minutes as a team discussing the WHY and the DESIRED OUTCOMES. Why is this important to us? Why do we care? You should naturally bounce between the why and the outcomes. Make it concrete. Make it real. Be aspirational, but make sure you align as a team!



3. What Do You Need To Make It Happen?

Allocate 20 minutes to initially react to both of the questions that flank the road. "What do you need?" and "Who do you need?". The "what" is written within the context of critical resources, e.g. infrastructure, budget, data, systems, permission, time etc. The "who" is most likely the human resource necessary to make it happen and the stakeholders who will enable & support it.

4. Obstacles

Spend 10 minutes to discuss what can and will get in the way of making this a reality. Avoid turning this into a list of complaints, moans, groans etc and make it more of an honest list of challenges you will face that will have to be overcome.

5. Bold Steps

What will make it happen? Spend 10 minutes to discuss what bold steps, actions, activities will be critical in helping to realize the desired outcomes?

6. Sense Check

Spend your last 10 minutes sense checking the "storytelling version" of this canvas. Does it make sense? Can you describe it easily in 60 seconds? What is missing? Does everyone agree? Have you agreed a critical next step as a team so this wasn't just a nice thinking exercise? Go do!

INFORMATION

The Vision and Strategy canvas will help your team get off to an aligned and focused start.

BEFORE YOU START

Convene your group in a relaxed environment - an offsite location is preferable - it's critical that you get the right people in the room. A group size greater than 6 people can be a challenge to facilitate.

CHECKLIST

A fine tip marker and 3"x3" sticky notes for each person

Print or draw the Vision & Strategy Canvas on a large sheet of paper

Tape to a wall or place at the center of a table that all people can access

Allow 60 minutes of focused time

RULES AND ROLES

Make these explicit with all attendees at the beginning of your design session

Everyone has the 'power of the pen' and can contribute ideas

Facilitate each other and avoid meandering digressions

Move with pace

Try to build something that will inspire others One clear idea per sticky note

Have fun

Final questions for our presenters?

Minnesota: Jenny Schoenecker

Wisconsin: Anne Allen, MSN, RN, CPHQ

Michigan: Joshua Suire, BSN, RN

Illinois: Adam Kohlrus MS, CPHQ, CPPS

Upcoming GLPP & MN HIIN Sustainability Webinars

- July 16: Hospital-acquired Infections
- Aug. 12: MHA Workplace Safety Safe Patient Handling and Mobility Call
- Aug. 20: Readmissions
- Sept. 17: Pressure Ulcers